1% LOWFAT MILK 6OZ



Nutrition Facts

Serving size	**(6oz)**
Amount per serving	
Calories	**90**
	% Daily Value *
Total Fat 2g	**3%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 115mg	**5%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 0g	**0%**
Total Sugars 10g Includes 0g Added Sugars	
Protein 8g	**16%**
Vitamin A	8%
Vitamin D	20%
Calcium	30%
Iron 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FAT FREE MILK, MILK,NON FAT MILK SOLIDS, VITAMIN A PALIMATE AND VITAMIN D3.