

1% LOW FAT MILK 6 OZ

Nutrition Facts	

Serving size	(6oz)
Amount per serving	
Calories	90
% Daily Value *	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 10g Includes	
0g Added Sugars	
Protein 8g	16%
Vitamin A	8%
Vitamin D	20%
Calcium	30%
Iron 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: FAT FREE MILK, MILK,NON FAT MILK SOLIDS, VITAMIN A PALIMATE AND VITAMIN D3.