



Upstate Farms - Yogurt - Nonfat - Fortified - Vanilla Reduced Sugar - Blended (5 lb.)

Nutrition Facts

Serving Size 8 oz(227g)	
Servings Per Container 10	
Amount Per Serving	
Calories 180	Calories From Fat 0
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 150mg	6%
Total Carbohydrate 39g	13%
Potassium 280mg	8%
Dietary Fiber 0g	0%
Sugars 33g	
Protein 6g	12%
Vitamin A 0%	● Vitamin C 2%
Calcium 60%	● Iron 0%
Vitamin D 40%	●
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk,
 Sugar,
 Water,
 Modified Corn Starch,
 Whey,
 Natural Flavors,
 Tricalcium Phosphate,
 Gellan Gum,
 Potassium Sorbate(For freshness),
 Citric Acid,
 Vitamin D₃