

2.5 OZ CHOCOLATE FUDGE BAR
nonfat dairy confection

<h1 align="center">Nutrition Facts</h1>			
Serving Size 1 Bar (80g)			
Servings Per Container			
Amount Per Serving			
Calories 110		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g			0%
Saturated Fat 0g			0%
<i>Trans</i> Fat 0g			
Cholesterol 0mg			0%
Sodium 70mg			3%
Total Carbohydrate 24g			8%
Dietary Fiber 0g			0%
Sugars 11g			
Protein 3g			
Vitamin A 0%	•	Vitamin C 0%	
Calcium 10%	•	Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4

Ingredients: Skim milk and skim milk solids, whey, sugar, high fructose corn syrup, corn syrup, cocoa (processed with alkali), * stabilized and emulsified by mono and diglycerides,* guar gum, cellulose gum and carrageenan.

* A trivial source of fat.