

NUTRITION FACTS

APPLE JUICE

Serving Size 1 Cup (240 ml)
 Servings Per Container 1

Amount Per Servings

Calories 110 **Calories from Fat** 0

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 29g	10%
Dietary Fiber 0g	0%
Sugars 29g	0%
Protein 2g	

Vitamin A 4% Vitamin C 100%

Calcium 2% Iron 0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Protein		50g	70g

INGREDIENTS: CONCENTRATED APPLE JUICE, WATER, ASCORBIC ACID (VITAMIN C).