

3.5 OZ REDUCED FAT SANDWICH
reduced fat ice cream

<h1 align="center">Nutrition Facts</h1>			
Serving Size 1 Sandwich (64g)			
Servings Per Container 6 or 12			
Amount Per Serving			
Calories 140		Calories from Fat 35	
			% Daily Value*
Total Fat 4g			6%
Saturated Fat 1.5g			8%
<i>Trans</i> Fat 0g			
Cholesterol 15mg			5%
Sodium 85mg			4%
Total Carbohydrate 25g			8%
Dietary Fiber 1g			4%
Sugars 9g			
Protein 3g			
Vitamin A 4%	•	Vitamin C 0%	
Calcium 6%	•	Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4

Ice Cream Ingredients: Milkfat and nonfat milk, sugar, corn syrup, high fructose corn syrup, whey, polydextrose, stabilized and emulsified by mono and diglycerides, guar gum, cellulose gum and carrageenan, artificial flavor, vegetable annatto color, Vitamin A palmitate.

Wafer Ingredients: Bleached wheat flour, sugar, caramel color, corn sugar, vegetable shortening (partially hydrogenated oils: soybean, cottonseed), corn flour, corn syrup, cocoa, modified corn starch, salt, baking soda, mono and diglycerides, soy lecithin.