

2.0 FL OZ MINI ICE CREAM CONE
lowfat ice cream

<h1>Nutrition Facts</h1>			
Serving Size 1 Cone (40g)			
Servings Per Container			
Amount Per Serving			
Calories 100		Calories from Fat 20	
			% Daily Value*
Total Fat 2.0g			3%
Saturated Fat 1.0g			5%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 50mg			2%
Total Carbohydrate 14g			5%
Dietary Fiber 0g			0%
Sugars 9g			
Protein 1g			
Vitamin A 2%	•	Vitamin C	0%
Calcium 4%	•	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients Lowfat Ice Cream: Milkfat and nonfat milk, sugar corn syrup, high fructose corn syrup, whey, mono and diglycerides guar gum, natural and artificial flavors, cellulose gum, carrageenan, vegetable annatto color and Vitamin A palmitate.

Cone: Wheat flour, sugar, soybean oil, partially hydrogenated soybean and/or cottonseed oil, soy lecithin, artificial flavor, caramel color.

Coating: Coconut oil, sugar, whey, cocoa (processed with alkali), partially hydrogenated coconut oil, nonfat and whole milk powder, soy lecithin, natural and artificial flavors.