

Strawberry Milk, Skim

Nutrition Facts	
Serving Size 1 Cup (240 mL)	
Amount Per Serving	
Calories 130	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 115mg	5%
Total Carbohydrate 27g	9%
Dietary Fiber 0g	0%
Sugars 26g	
Protein 8g	
Vitamin A 10%	• Vitamin C 2%
Calcium 30%	• Iron 0%
Vitamin D 25%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Grade A Nonfat Milk, Sugar, Dextrose, Beet Juice (for color), Natural and Artificial Flavors, Carrageenan, Guar Gum, Vitamin A Palmitate, Vitamin D₃.