

NUTRITION FACTS

ORANGE JUICE

Serving Size 6 oz. (177 ml)
 Servings Per Container 1

Amount Per Servings

Calories 82 **Calories from Fat** 0

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 21mg	1%
Total Carbohydrate 21g	7%
Dietary Fiber 0g	0%
Sugars 21g	
Protein 1g	

Vitamin A 3% Vitamin C 75%

Calcium 1% Iron 0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Protein		50g	70g

INGREDIENTS: WATER AND ORANGE JUICE CONCENTRATE FROM USA, MEXICO, HONDURAS, AND/OR BRAZIL.