

NUTRITION FACTS

4 oz. Chocolate Cups

Serving Size 1 Unit (64g)

Servings Per Container

Amount Per Serving

Calories 140

Calories from Fat 60

% Daily Value

Total Fat 7g 11%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 50mg 2%

Total Carbohydrate 17g 6%

Dietary Fiber 0g 0%

Sugars 13g

Protein 3g

Vitamin A 4%

Vitamin C 0%

Calcium 8%

Iron 0%

Vitamin D 25%

*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	70g

INGREDIENTS: MILKFAT AND NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, COCOA (PROCESSED WITH ALKALI), WHEY, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN.