

# NUTRITION FACTS

**GRADE A • PASTEURIZED • HOMOGENIZED • VITAMIN A & D  
ARTIFICIAL STRAWBERRY FLAVORED • 1% MILKFAT LOWFAT MILK**

Serving Size 1 Container (355 mL)

Servings Per Container 1

## Amount Per Serving

**Calories** 240                      Calories from Fat 40

	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	6%
Saturated Fat 2g	11%
Trans Fat 0g	0%
<b>Cholesterol</b> 15mg	5%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrate</b> 41g	13%
Dietary Fiber 0g	0%
Sugars 39g	
<b>Protein</b> 12g	

Vitamin A 15%                      Vitamin C 3%

Calcium 40%                      Iron 0%

Vitamin D 40%

\*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs

	Calories	<u>2,000</u>	<u>2,500</u>
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	70g

**INGREDIENTS: LOWFAT MILK, SUCROSE, NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, NATURAL BEET JUICE, VITAMIN A PALMITATE AND VITAMIN D3.**