

NUTRITION FACTS

Ice Cream Sandwich

Serving Size 1 Sandwich

Amount Per Servings

Calories 190

Calories from Fat 70

Total Fat 8g

Saturated Fat 4g

Cholesterol 25mg

Sodium 170mg

Total Carbohydrate 27g

Dietary Fiber 1g

Sugars 14g

Protein 3g

Vitamin A 4%

Vitamin C 0%

Calcium 6%

Iron 6%