

NUTRITION FACTS

IC Drumstick

Serving Size 1 Cone

Amount Per Servings

Calories 340 **Calories from Fat** 170

Total Fat 19g	29%
Saturated Fat 11g	55%
Cholesterol 20mg	7%
Sodium 90mg	4%
Total Carbohydrate 35g	12%
Dietary Fiber 2g	8%
Sugars 20g	
Protein 6g	
Vitamin A 4%	Vitamin C 0%
Calcium 10%	Iron 4%
Vitamin D 35%	