



# NUTRITION FACTS

## Smithfield Cream Cheese

3 lb. Plain

Serving Size 2 Tbsp. (28g)

Servings Per Container About 48

### Amount Per Servings

**Calories** 100                      **Calories from Fat** 90

	% Daily Value*
<b>Total Fat</b> 9g	15%
Saturated Fat 6g	32%
Trans Fat 0g	0%
<b>Cholesterol</b> 25mg	8%
<b>Sodium</b> 95mg	4%
<b>Total Carbohydrate</b> 1g	0%
Dietary Fiber 0g	0%
Sugars less than 1g	
<b>Protein</b> 2g	

Vitamin A 6%                      Vitamin C 0%

Calcium 2%                      Iron 0%

\*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram:

Fat 9                      Carbohydrate 4                      Protein 4

INGREDIENTS: Pasteurized cultured milk and cream, salt,