1% LOW FAT MILK 8 OZ

<u>Nutrition</u>	<u>Facts</u>
 Serving size	(8oz)
Amount per serving	
<u>Calories</u> "	1 2 0
	% Daily Value *
Total Fat 2.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 150mg	6%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 0g Added Sugars	
Protein 9g	
Vita and A	400/
Vitamin A	10%
Vitamin D	25%
Calcium	35%
Iron 0mg	0%
 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. 	

 $\mbox{\bf INGREDIENTS}:$ FAT FREE MILK, MILK, NON FAT MILK SOLIDS, VITAMIN A PALIMATE AND VITAMIN D3.